



INTRODUCTORY CONFLICT COACHING WORKSHOP

Conflict coaching is a specialized niche in the field of coaching and conflict management. It is a one-on-one technique, in which a trained coach assists people to effectively prevent or manage specific disputes and to enhance their conflict management skills.

Conflict coaching has wide application, in the organizational context and for coaching individuals to participate in mediation, negotiation and relational conflict.

Content of the Introductory Conflict Coaching Workshop:

Among other things, this 4-day workshop includes the following topics:

- how conflict coaching is different from other types of coaching
- theory, principles and methods specific to the **CINERGY®** model of conflict coaching
- stages of conflict coaching
- logistics of coaching individuals about conflict
- skills of conflict coaches
- applications of conflict coaching
- ethical guidelines and standards of practice

Outcomes of the Introductory Conflict Coaching Workshop:

A 4-day workshop that includes the above content. The outcomes are that participants will gain:

- an introduction to and basic working knowledge of conflict coaching using the **CINERGY®** model;
- an understanding of the types of skills required to provide conflict coaching;
- experience of the coaching model as a coach, coachee and observer;
- knowledge about how coaching principles combine with conflict management principles and the application of this technique; and
- suggested documents and information about the logistics of conflict coaching.

This workshop has been approved for 26.5 hours of Continuing Coaching Education Units (CEUs) from the International Coach Federation (14 hours ICF Core Competencies; 6.25 hours Personal Development of the Coach; 1.25 hours Development of Coaching Practice; 5 hours Other Skills and Tools Directly Applicable to Coaching); and 26.5 hours of CEUs from the California Board of Behavioral Sciences (BBS) for Marriage Family Therapists (MFT) and Licensed Clinical Social Workers (LCSW), Provider #3344.

Methods Used in the Workshop:

Through self-reflection, skill-building exercises, discussion, simulations, demonstrations and skills practices, participants develop and practice conflict coaching techniques and skills.

Participants:

The training will be of specific interest to coaches, experienced workplace mediators and other conflict management professionals, who want to learn the fundamentals of a model for coaching conflict.

Dates: August 18-21, 2009 (8:30 a.m. to 4:30 p.m. daily)

Location: University of California at Santa Barbara

Cost: \$1,985.00 US

Registration Deadline: July 1, 2009

To register and for further information, contact Cinnie Noble or her assistant Lauren McNeill at:

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For information on UCSB campus accommodations and meals (package rates available) and local airport shuttle information, please go to [Twww.housing.ucsb.edu/conferences](http://www.housing.ucsb.edu/conferences). Register under CINERGY ICCW.

CINERGY® Conflict Coaching = Peacebuilding, One Person at a Time



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