

Debra Dupree, CEES, CPDM, CCM

Debra Dupree

is a Certified Ergonomic Evaluation Specialist (CEES) as well as certified in disability management (CPDM) and rehabilitation case management (CCM). Not only is she an expert in the field of disability and ergonomic issues, she is also an accomplished Speaker, Professional Coach, and Trainer with deep practical experience in diverse environments.

Clients find her practical perspective, dynamic style, and rich experience in training, coaching, and consultation energizing...excellent for stimulating employer responsibility with employee accountability. Employees learn to take charge of their own health and well-being while collaborating with their employer to reduce the ergonomic risks associated with work environments, work habits and work tasks.

With years of experience as a trainer and professional speaker, Debra uses her practical style with a creative and humorous approach to make learning FUN and EXCITING. She has the proven experience, leadership, and hands-on techniques to give your employees the tools and knowledge to make effective workplace changes to promote wellness while increasing productivity...the ultimate "win" for the bottom line.

Debra's ergonomic services include:

- ergonomic training
- individualized assessments
- job task analysis
- lifting techniques assessment & training
- office, material handling, and manufacturing work site analyses
- disability management
- reasonable accommodation evaluations
- design and development of employer ergonomic programs

Customized training and services available.

1-800-743-1973

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Education

- M.A. in Education / Counseling Psychology University of California, Santa Barbara
- Pre-doctoral in Organizational Psychology, San Diego State University, 1982
- Licensed Marriage, Family Therapist #23250, State of California, 1986
- Certified Ergonomic Evaluation Specialist, Roy Matheson & Associates, 2000
- CPDM, Disability Management Employers Coalition, 1997



What Others Have to Say:

"It was one of the best one-day trainings I've attended."

"Excellent training—lots of good ideas!"

"The Facilitator was the best thing about the program. I was shocked at how interested I was."

"Once again, Debra had taken a very complex topic and made it understandable for the everyday person."



What is Ergonomics?

It is the study and design of work & equipment in relation to the **physiological and psychological capabilities** of people. Ergonomics seeks to **remove barriers** to quality, productivity, and human performance by fitting products, tasks, and environment to people.

An effective ergonomics program can **promote productivity, increase employee morale, and reduce work-related injuries** leading to workers' compensation claims and increased use of healthcare systems. Overall, a **proactive** approach to ergonomics embraces a **wellness perspective** and increases the **strategic management and preservation** of your pre-purchased (hired and trained) human **resources**, the human capital of today's organizations.

...maximize employee performance through ergonomic assessment, intervention, training, and program design...

Is it worth it? Here's what you can expect to achieve...

- 25% increase in employee production output
 - 4-19% increase in performance
 - 38% increase in accuracy

National Ergonomics Conference & Exposition, Nov '05

Ergonomic Clients include...

- Alpine Fire District
- Altera Corporation
- Baker & McKenzie, LLP
- California United Terminal
- California Water Service
- City of Indio
- County of San Diego
- County of Santa Barbara
- Dart Container
- Hays RPC
- Helix Water District
- Hewlett Packard
- Honeywell
- Imperial Irrigation District
- Kaiser Permanente
- Matrix Insurance
- Novatel Wireless
- Olivenhain Water District
- Pacific Gas & Electric
- Prudential Overall Supply
- Rabo Bank
- Teledyne Ryan Aeronautical
- Traveler's Insurance
- Tristar Risk Management
- USDA / APHIS / PPQ
- Union Bank of California
- Westfield Shopping

**Work Smarter
...not harder**

**Change your habits
...change your life!**